

SEPTEMBER 2025



MAKE YOUR LUNCH RESERVATIONS  
AT LEAST ONE BUSINESS DAY  
IN ADVANCE!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9/1</b>	<b>9/2</b>	<b>9/3</b>	<b>9/4</b>	<b>9/5</b>
<b>LABOR DAY</b> <b>HOLIDAY</b>	<b>HOLIDAY LUNCH</b> BBQ Beef Brisket Baked Beans Potato Salad Whole Wheat Roll w/Butter C Citrus Fruit	Beef Spanish Rice Black Beans Cilantro Coleslaw w/Carrots Mexicali Corn C Mandarin Oranges	Turkey Divan Butternut Squash Soup Scandinavian Veggies Brown Rice C Fresh Orange Frosted Yellow Cake	Parmesan Chicken over Penne Pasta w/Marinara Sauce and Cheese C Cauliflower Spinach Salad w/Italian Dressing Seasonal Fresh Fruit
<b>9/8</b>	<b>9/9</b>	<b>9/10</b>	<b>9/11</b>	<b>9/12</b>
Butter Chicken w/Brown Rice Lentil & Garbanzo Soup Ginger Carrots Mixed Green Salad w/Balsamic Vinaigrette C Fresh Orange Cookie	Turkey Burger w/Swiss Cheese, Lettuce, Tomato, Onion, Ketchup, Mustard, & Mayo on a Whole Grain Bun Broccoli Cheddar Soup C Fiesta Vegetables Fresh Banana	Breaded Fish with Creamy Florentine Sauce Broccoli & Carrots Confetti Brown Rice Garden Pea Salad C Citrus Fruit	Spaghetti & Meatballs w/Marinara Sauce & Parmesan Cheese C Brussels Sprouts Cucumber Salad Peaches	Pork Carnitas w/Salsa and a Flour Tortilla Pinto Beans C Pineapple Slaw Mexicali Corn Pears
<b>9/15</b>	<b>9/16</b>	<b>9/17</b>	<b>9/18</b>	<b>9/19</b>
Meatloaf w/Gravy C Whipped Potatoes Green Beans Carrot Raisin Salad Whole Wheat Roll w/Butter Fresh Honeydew	Pork Tamale w/Green Chili Sauce Pozole Soup Whole Kernel Corn Spanish Brown Rice Fruited Gelatin C w/Mandarin Oranges	Cheese Omelet w/Salsa Pork Sausage Patty Diced Red Potatoes Spinach Tomato Basil Soup Whole Wheat Roll w/Butter C Tropical Fruit	Breaded Pollock w/Teriyaki Sauce Brown Rice Mixed Vegetables C Asian Coleslaw Seasonal Fresh Fruit	Spaghetti w/Turkey Bolognese Sauce Vegetable Soup Green Peas Carrots C Fresh Orange
<b>9/22</b>	<b>9/23</b>	<b>9/24</b>	<b>9/25</b>	<b>9/26</b>
Sweet & Sour Pork w/Brown Rice Asian Vegetable Soup C California Vegetables Cabbage Apricots	Chicken Fajitas w/Salsa and Flour Tortilla Black Beans C Brussels Sprouts Fresh Banana	Turkey Chili Collard Greens Veggie Pasta Salad Cornbread w/Butter C Fresh Orange	Asian Chicken Salad w/Sesame Dressing over Mixed Greens Egg Drop Soup Whole Wheat Roll w/Butter C Mandarin Oranges Fortune Cookie	<b>OKTOBERFEST MEAL</b> Bratwurst w/Mustard & Sauerkraut on a Whole Grain Bun Potato Salad Italian Vegetables C Applesauce
<b>9/29</b>	<b>9/30</b>			
Yogurt Dill Turkey Salad Sandwich w/Lettuce Tomato, and Onion on Whole Wheat Bread Split Pea Soup C Broccoli Ranch Salad C Tropical Fruit	+ Hot Meatball Sub with Mozzarella Cheese, Marinara Sauce, and a Whole Grain Bun Peas & Carrots Confetti Coleslaw C Fresh Orange			

All meals served with lowfat milk.

2 DAILY ALTERNATIVE ENTRÉE CHOICES:  
VEGETARIAN OR FEATURED ENTRÉE SALAD  
(BBQ CHICKEN).

Vitamin A  
—  
C Vitamin C

+ Higher in sodium